



28th Annual Scientific Meeting of the Michigan Medical Directors Association Otsego Resort ~~ Gaylord, Michigan

820 total minutes = 13.75 CME

Bootcamp = 4 CME

Conference = 9.75 CME

*****All sessions are in the Special Events Center *****

Friday

12:00 - 6:00 pm Registration & Exhibit Space Open

1:00 - 5:00 pm **Bootcamp for New Providers in PALTC (4 CME - Management)**

Iris Boettcher MD, CMD

Julie Baar ACNP-C

Laura Schipper DNP, AGPCNP-BC, RN

Learning Objectives

- Describe the CMS rules in SNFs for providers (Physicians and APPs)
- Summarize geriatric syndromes as applied to the population of frail elderly living in SNFs
- Summarize the basic pharmacologic principles of drug management in SNFs

5:00 – 6:00 **Welcome Reception hosted bar through dinner**

6:00 - 7:00 pm **Dinner presentation - Public Policy Update (1 CME - Management)**

Alex Bardakh MPP, CAE

Learning Objectives

- Define ways legislative and regulatory updates are impacting practice
- Demonstrate ability to get involved in the policy making process
- Discuss the role of changing payment models on patient care

7:00 – 9:00 pm **Cash bar**

7:00 - 8:30 pm **Keynote: Exploring Health Disparities in the Care of Older Adults**

(1.5 CME - Management) Lisa Little, MPH,BSHA, COTAL

Learning Objectives:

- Define health disparities
- Discuss barriers that prevent racial and ethnic minority older adult populations from receiving palliative and hospice care
- Identify strategies and interventions that can be utilized to address health disparities in the care of older adults



Saturday

7 am – 5:00 pm Exhibit Space Open

7:00 - 8:00 am Breakfast Product Theater – Provided by Otsuka America Pharmaceutical, Inc.
Agitation Associated with Dementia Due to Alzheimer’s Disease: An Expert Discusses Disease Impact and Management Considerations (no CME) Jeffrey S. Deitch, DO CHCQM

This program will cover the prevalence, impact, and clinical presentation of agitation associated with dementia due to Alzheimer’s disease. In addition, the audience will review the current clinical care landscape of agitation associated with dementia due to Alzheimer’s disease.

8:30 - 9:20 am Contractures, Immobility and Spasticity - Recommendations for an Artistic Hands-On Approach to this Science (. 75 CME - Clinical) Cherie Netzloff MD

Learning Objectives

- Define, identify and perform physical exam maneuvers to evaluate spasticity/contractures in the skilled nursing facility setting
- Manage spasticity/contractures conservatively, with medications and/or interventions in the skilled nursing facility setting
- Know when to refer to outside providers for specialty care of spasticity/contractures

9:20 - 10:10 am Clinical Pearls in Post-Acute and Long-Term Care (. 75 CME - Clinical)

Liza Marie A. Bautista MD

Learning Objectives

- Compare various diabetes medications and know which to prescribe in the setting of CV disease
- Compare several analgesics and identify the appropriate choice in cancer-related pain in the setting of CKD
- Review an indication for a patient to be on both ASA and warfarin
- Identify coagulopathy in pts with poor oral intake and concomitant antibiotic use
- Discuss how strict or lenient diabetes control should be in the complex elderly population

10:10 - 10:25 am Break

10:25 - 11:15 am Operationalizing Frailty in Post-Acute and Long-Term Care (. 75 CME - Clinical)

Steve Buslovich MD, CMD, MSHCPM

Learning Objectives

- Understand the importance of frailty in clinical practice.
- Be able to employ evidence-based tools to measure frailty
- Communicate frailty risk in the context to align patient/family expectations

11:15 - 12:25 pm The Importance of Deprescribing for Older Adults (1.25 CME - Clinical)

Brian Smith PharmD

Learning Objectives

- Understand why deprescribing is important
- Identify opportunities for deprescribing
- Understand the prescribing cascade and polypharmacy



12:25 - 1:25 pm Lunch and MIMDA Business Meeting

1:25 - 2:45 pm The ROI of Culture Change (1.25 CME - Management)

Michelle Daniel NHA, MHA President & CEO of The Eden Alternative

Learning Objectives

- Review and discuss the need to “prove” culture change is good practice and good business in the post-acute and long-term care setting
- Review and discuss the Eden Alternative’s case study and ROI white paper
- Discuss in small groups (and report back to the large group) what measurements matter when gathering data to prove success in post-acute/long-term care

2:45 - 3:00 pm Break

3:00 – 3:50 pm LARA: Updates and Trends in the Survey Process (.75 CME - Management)

Michigan Department of Licensing and Regulatory Affairs:

David Donahue, LTC Division Director

Larry Horvath, Director of the Bureau of Community and Health Systems

Learning Objectives

- Improved understanding of updated regulations, which would lead to compliance
- Identify resources that will assist providers in compliance with federal regulation

3:50 - 4:40 pm Diagnosing Dementia in the PALTC Setting (.75 CME - Clinical)

Iris Boettcher, MD, CMD

Learning Objectives

- Understand criteria for diagnosis of neurocognitive disorder
- Be comfortable assessing and giving the diagnosis of neurocognitive disorder

4:40 - 5:10 pm ABIM/MOC Rondtable Summary Session (.5 CME - Management)

Cheryl Huckins, MD, CMD

Learning Objectives

- What equity challenges do you identify in your nursing home? How will you approach improving them?
- Discuss what steps you will take to optimize medications for your residents?
- Are there new solutions to managing musculoskeletal issues that you will investigate and try?
- Discuss the use of frailty as a tool for patient management? How will you use it?

Financial relationships with ineligible companies relevant to the content of the conference are as follows and have been mitigated:

- Brian Smith, PharmD, employee CVS/Omnicare

None of the other speakers, planners, or anyone else in control of content disclosed a relevant financial relationship with an ineligible company.