

MIMDA Chapter News

March 20th is National Day of Recognition for Long Term Care Physicians! On this day we honor our hard-working long term care physicians, and would like to thank you for all you do on behalf of the post-acute and long-term care (PALTC) community.

This initiative started with an AMDA House of Delegates resolution from the Georgia Medical Directors Association honoring the memory and work of AMDA founder William Dodd, MD, CMD

MIMDA Board Member Spotlight each month we will highlight one of our board members. Sharon Johnson, PA-C, is featured in this issue:

How long have you been a MIMDA member? 7 years

What is your current clinical practice? Full time Sub-Acute & Long-Term Care PA at Kalkaska Memorial Health Center in Kalkaska, MI

Why did you join MIMDA? To stay connected and up to date with Michigan's PALTC related news and information

Why did you join the MIMDA board? To support and advocate for the staff and residents of our Michigan PALTC at the state level

What do you consider the most significant benefit of MIMDA membership? The monthly email newsletter and annual fall MIMDA conference are excellent ways to stay up to date and gain education on Michigan PALTC related information!

And anything else you'd like to share: I love working every day with our elders! They have taught me so much about chronic disease management as well as compassion, patience, and perseverance. We have a duty to provide these folks with the same level of evidence based medical care they would receive in a PCP or specialist office, but we get the unique opportunity of providing it directly to them in their home PALTC setting. It is an honor and pleasure to provide care for our residents from the time of admission until their discharge or even through the end of their lives.

SAVE THE DATE for the 2023 MIMDA Conference!

This year's conference will take place Friday, September 29 – Saturday, September 30 at the Courtyard Marriott, downtown Grand Rapids.

We have an excellent line-up of speakers that will cover a variety of topics including PAC Policy updates, rehospitalization reduction, wound care, management of diabetes, acute & chronic kidney disease, heart failure, competency/guardianship/conservatorship, and pharmacy-related concerns.

Since our event coincides with Artprize 2023, attendees will have an opportunity to browse the international art show while enjoying all that Grand Rapids has to offer.

Additional details will be provided by email and in upcoming newsletters.

NEWS FROM PALTC23

Poster Award: Nancy Lee Stier, MD won the poster competition in quality improvement at the AMDA annual meeting. Her poster, titled *Post-Skilled Nursing Facility Discharge Follow-Up Calls and Appointments Trend Toward Decreased Readmissions* was one of 82 posters presented at the conference. **Congratulations, Nancy Lee!**

AMDA Resources

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AMDA On-The-Go Podcast Series



[Caring On-The-Go | March 2023](#)

[FMDA Journal Club | Legislative Debrief: Qualified Medication Aides in Florida Nursing Homes](#)

[JAMDA On-The-Go | February 2023 | Cognitive Screening in Post-Acute Care](#)

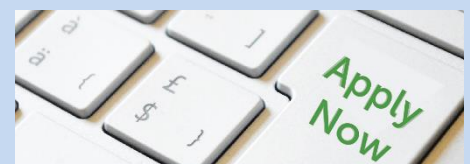
[AMDA On-The-Go | Serious Illness Toolkit](#)

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PALTC POLICY SNAPSHOT

[Reminder: 2022 MIPS Data Submission Period is Open](#)

[FY 2024 SNF VBP Program March 2023 Quarterly Reports Are Now Available](#)



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CAREER CENTER

Meet the PALTC23 Futures Award Recipients from Michigan:

Naa Akawa Koppoe, MD

Undergrad: University of Virginia *Charlottesville, VA*

Medical School: Wright State Boonshoft School of Medicine
Dayton, OH

Residency: Ohiohealth Grant Family Medicine *Columbus, OH*

Fellowship/Current Practice: Currently a Geriatric

Medicine fellow at the University of Michigan, Ann Arbor

Future goals: Planning to relocate back to Virginia to with the goal of doing Primary Care as well as nursing home medical directorship in an urban underserved setting. Plan to obtain CMD

Interests: Dementia care giver supports, increasing diversity in medicine, fighting healthcare

Laura McCourt, DO

Undergrad: Bloomsburg University *Bloomsburg, PA*

Medical School: West Virginia School of Osteopathic Medicine

Residency: Internal medicine residency at Carolinas

Healthcare System Blue Ridge *Morganton, NC*

Fellowship: Geriatric Medicine fellow at the University of Michigan in Ann Arbor

Future goals: After graduation from fellowship I plan to practice as faculty member in academic geriatric medicine

Interests: I am interested in quality care of the aging population in the post-acute and long-term care setting

EDUCATION

- MIMDA's February webinar covering 2023 Provider Fee Changes was comprehensive, concise and well received. The MIMDA Board is planning additional webinar opportunities for this year. **Contact Audrey Moro if you'd like the materials or a link to the webinar recording.**
- **Need To Know Now:** By 2030 CMS will eliminate all Medicare fee for service options. Join the Advancing Excellence in Long-Term Care Collaborative (AELTCC) for a Spotlight Series webinar, Understanding Special Needs Plans in PALTC, March 29 at 3:00 PM ET. Leaders in PALTC will share their insight into Special Needs Plans, a program of financing and service delivery under Medicare Advantage that is growing rapidly in our setting. **To register for this free webinar, go to:**
https://pathwayhealth.zoom.us/webinar/register/WN_cO_DYOHrRd2bxexT1L3mSA

CARE QUALITY OPPORTUNITIES

For more information or to convey interest in participating in these programs, contact Cheryl Huckins at huckinsc@gmail.com or Audrey Moro at michiganmda@gmail.com

- **Polypharmacy Quality Improvement:** Cheryl Huckins, MD CMD, is offering, to any member and/or their facilities, an opportunity to establish a Drive to Deprescribe quality improvement project. The success of a "D2D" workgroup at Evangelical Homes of Michigan in Saline, which reduced medications in long-term care by 18%, is going on the road to share lessons learned. *All that is necessary to start a group is a champion from the facility (DON, ADON), a provider (MD, NP, PA) and the consultant pharmacist.*
- **Dementia Care:** The Michigan County Medical Care Facilities Council asked MIMDA to provide a physician to assist with a grant program focusing on dementia care. As other requests come to MIMDA, we will post them in our newsletter.

- **Moving Forward is coming to Michigan in the near future!** Sponsored by the John A. Hartford Foundation, Institute for Healthcare Initiatives and Leading Age, Moving Forward focuses on advancing seven goals outlined by the National Academies of Sciences, Engineering and Medicine (NASEM) in an April 2022 report aimed at improving nursing home quality.

Over the next two years a network of experts, nursing home residents, and the general public will develop, test and promote action plans that will improve the way the United States finances, delivers, and regulates care in nursing homes.

RESEARCH OPPORTUNITIES

- **Nursing Home Practice:** A team at the University of Pennsylvania is conducting an NIH-funded study of physicians and advanced practitioners who specialize in nursing home practice. As part of this study, they are conducting confidential interviews with SNF clinicians, administrators, and other staff to better understand how different practice characteristics of physicians and advanced practitioners contribute to the quality and good outcomes for post-acute care in SNFs. The interviews should take about 20-30 minutes, and participants will receive a \$100 gift card. No potentially identifiable information collected at the individual, facility, or regional level will be shared to protect confidentiality, including whether an individual participated.

If you are interested or want to learn more, send an email to peacockb@pennmedicine.upenn.edu with: (1) your name, (2) your phone number and email, and (3) the best time to reach you.

- **Changing Talk (CHAT) communication training program:** Faculty from the University of Kansas School of Nursing are seeking nursing homes nationwide to participate in a NIH-funded research study testing a new online version of the evidence-based Changing Talk (CHAT) communication training program.

CHAT educates staff about reducing elderspeak (infantilizing communication) and results in reduced behavioral symptoms and need for psychotropic medication for residents with dementia. The new online version *Changing Talk: Online Training (CHATO)* consists of 3; one-hour interactive online modules that provide flexible and accessible access for staff.

There is no cost, direct-care staff can earn 3 contact hours, and all staff get a Certificate of Completion. Benefits to you, your staff, and your residents include:

- A person-centered approach.
 - Education about elderspeak and better communication strategies.
 - Reduction in resistiveness to care and other behavioral symptoms in residents with dementia.
 - Reduction in the need for psychotropic medication.
 - Convenient, online educational format for busy nursing homes.
 - Qualifies for CMS dementia care training hours requirements.
 - A free, nonpharmacological, evidence-based intervention is an excellent addition to a Quality Improvement Plan.
- Please see the KUMC [website](#) to learn more about CHATO and view our training resources
 - Access the CHATO [Google drive](#) to download NEW pilot research and CHATO National Trial information.

Research Grant Letters of Inquiry Being Accepted Through April 3

The Foundation for Post-Acute and Long-Term Care (PALTC) Medicine—Your Foundation—is accepting research grant Letters of Inquiry (LOIs) through April 3—just two weeks away. Selected LOIs will result in a request for submission of a full research grant proposal with a deadline of July 15.

The LOI should include a statement of need and proposed solution; goals and objectives; target population; methods; evaluation and impact; and organizational qualifications, partners, and stakeholders. The Foundation will review the LOIs and, if appropriate, will invite a full proposal.

Last year, the Foundation awarded a \$25,000 grant to Brian McGarry, PhD, Department of Medicine, Division of Geriatrics and Aging, University of Rochester, and Ashvin Gandhi, PhD, Anderson School UCLA, for the investigation of “The impact of indoor air quality in U.S. nursing homes on COVID-19 outbreaks and resident outcomes” research project. Read more in the [Foundation’s 2022 Impact Report](#). You can also watch [this short video](#).

We encourage all AMDA members and others in the PALTC community aligned with the Foundation’s mission, vision, and values to submit an LOI for projects that advance the Foundation’s strategic priorities. Letters can be submitted through the Foundation website.

[Get More Information](#)



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Couldn’t Make it to Tampa?

If you weren’t able to join us in Tampa at AMDA’s Annual Conference, that doesn’t mean you have to miss out on the quality education that took place during PALTC23 and the CME/CMD/MOC credits available. The General Sessions and 60- and 90-minute concurrent education sessions will be recorded and available beginning May 1, 2023 through February 2026. The conference recordings carry CME/CMD/MOC credits.

This package is intended for those unable to join us in Tampa. This is NOT a virtual conference and does not replicate the in-person Tampa experience. This option only provides access to asynchronous conference recordings starting May 1, 2023.

[Pre-Order Conference Recordings](#)



Tips on Psychiatric Management

Get the tools you need to manage your residents' psychiatric care with our new 1-hour on-demand, mobile-friendly course—Tips from the Pros: Basics of Psychiatric Management in the Nursing Home. The course takes an hour to complete and was created in response to member demand.

AMDA Member Price: \$49.00 ([Join Now](#))

Non-Member Price: \$69.00

[Learn More & Register](#)



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Get easy access to:

- ✓ Clinical Tools
- ✓ The Most Recent JAMDA* and Caring for the Ages Articles
- ✓ Delirium, Depression and Dementia (3Ds) in the PALTC Setting CPG
FREE when you join AMDA or renew membership for 2023!
- ✓ All Your Purchased & Licensed Products
- ✓ AMDA Podcasts
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**Indicates access for members only.*

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