



## Michigan Medical Directors Association

### December 2012 E-Newsletter

#### **PRESIDENT'S MESSAGE**

Mark Jackson, MD, CMD

Dear Colleagues in Long-term Care,

Holiday Greetings from MiMDA! I hope that you are enjoying family time over the holidays.

#### **2012 Annual Meeting in Traverse City**

Thank you to all who participated in the October MiMDA educational conference in Traverse City. Total attendance was 76, and reviews of the course were very favorable. Presentations and speakers included:

- *Transition to Full Time Nursing Home Work—How a Physician and Spouse Have Made It Work*, Deb Jackson, Kathy Gray, FNP, GNP, and Mark Jackson, MD, CMD
- *Management of Dementia: What to Do Without Drugs!* Lory Bright-Long, MD, CMD
- *Quality Assessment and Performance Improvement (QAPI)*, Michele Bellantoni, MD
- *How Innovation and Technology are Transforming the Senior Service Field*, Denise Rabidoux and Stephen Hopkins
- *Medical Director QI Initiatives in Falls Management*, Kristina Hyde, MD
- *A Word from our Surveyors*, Roxanne Perry and Howard Schaefer
- *Isolation Issues in the Long Term Care Setting*, Karen M. Speirs, DO
- *Parkinson's Disease: Who Has It and Who Doesn't?*, Diane Parsons, MD

In addition, at this meeting, we held our annual MiMDA business meeting. We extended our thanks to Dr. John (Jack) Voytas and Dr. Marjorie Renfrow, who were completing their terms on the MiMDA Board, and welcomed Dr. Pankaj Jandwani as a new Board member. Dr. Bruce Johnson was also reelected for a second Board member term. We adopted new bylaws, which will soon be posted on the MiMDA website [www.mimda.org](http://www.mimda.org).

Once again, many thanks to all who participated.

#### **2013 Annual Meeting Location**

We are now looking at venues for the 2013 Conference, as well as topics that need to be covered. Thank you to all who responded to the recent Survey Monkey request regarding your regional preferences for the annual meeting. We received 45 responses, so if you did not respond, you can still offer your opinion at:

[https://www.surveymonkey.com/s/MiMDA\\_2013\\_Conference\\_location\\_poll](https://www.surveymonkey.com/s/MiMDA_2013_Conference_location_poll)

Results thus far indicate the following preferences for 2013 location:

- Detroit metro area/SE Michigan: 33.3% (15)
- Grand Rapids: 26.7% (12)
- Mt. Pleasant/Mid-Michigan: 17.8% (8)
- Traverse City: 13.3% (6)
- Lansing: 8.9% (4)
- Other locations: 13.3% (various)

At this time, we are exploring options in SE Michigan to see what might be feasible.

### **BILL PA 322 (SB884)**

As you may know, PA 322 (SB 884) was passed this fall by the Michigan Legislature, directing nursing home reform measures. The Bill requires a Stakeholder Committee of 9 members to oversee enactment of the bill. Kimberly Gaedeke, Licensing and Regulatory Affairs, has requested MiMDA to be one of those permanent members. I think this is a very important role for MiMDA, and feel honored to participate. As President, I have also been asked to participate in the Clinical Advisory workgroup.

### **MiMDA WEBSITE**

President-elect Kris Gaumer and Executive Director Jan Yonker will be devoting some time and energy to updating and enhancing our MiMDA website. Please take a look at [www.mimda.org](http://www.mimda.org) and tell us what information would make the site more valuable.

### **MEMBERSHIP**

Did you know that there are around 440 nursing homes in Michigan? All of them have medical directors, DONs, nurse practitioners, and physician assistants who would benefit from being members of MiMDA and AMDA-Dedicated to Long-term Care, and yet we only have 162 AMDA members in Michigan. Many providers do not realize that joining AMDA does not automatically enroll oneself as a MiMDA member. Help us reach them and help us make MiMDA more relevant in long-term care in Michigan. As a reminder, MiMDA dues (\$100) are paid separately when you pay national dues on the AMDA website. For more information about joining AMDA and MiMDA, go to:

<http://www.amda.com/membership/benefits.cfm>

In the current medical economics, there needs to be a voice for long-term care providers and residents.

### **ANNUAL AMDA MEETING MARCH 21-24, 2013**

Are you headed to *Monumental Steps for Quality, AMDA Long-term Care Medicine 2013* in Washington, DC, on March 21-24? I hope so, as it is the fire that keeps me going all year, sharing other's passion for nursing home medicine. Clinically and administratively, it is the "Premier Conference for Long Term Care Professionals."

If you are planning on attending, **please consider being a Delegate for Michigan at the House of Delegates**. Based on the number of AMDA members who have current dues paid, we may send 7 delegates to the House of Delegates at the AMDA meeting. As a delegate, you will be

required to attend a noon meeting on the March 21 and a 4:00 meeting on March 23. The House of Delegates debates current issues and gives guidance to the AMDA Board. I have found it very interesting, and a good way to see how AMDA works on an administrative and political level. Please volunteer by contacting Jan Yonker at [michiganmd@gmail.com](mailto:michiganmd@gmail.com).

## **LISTENING TO YOU**

President-elect Kris Gaumer recently surveyed our conference participants about their work hours in the nursing home. Results are published below.

We had a great talk from Howard Schaefer and Roxanne Perry from the Bureau of Health Systems, Department of Licensing and Regulatory Affairs, at our annual conference. Both Howard and Roxanne remain available to field your questions on the Survey process. Send your questions to me and I will forward them on.

Remember, the MiMDA Board is available for questions pertaining to your long term care practice. Maybe one of us has some experience with an issue that you face. Let us know how we might help. Our contact information is listed below.

As President, my goal for MiMDA is to make the organization more relevant in long-term care medicine in Michigan; we are the voice for providers and residents. Let me know what you think we should be doing, and maybe how you can help.

Peace be with you in 2013,

Mark Jackson, MD, CMD  
[majdeerhunter@gmail.com](mailto:majdeerhunter@gmail.com)

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## **RESULTS OF WORK HOURS SURVEY**

Kris Gaumer, DO

At the MiMDA annual conference Traverse City in October 2012, 28 attendees completed a survey of time spent in the LTCF with patient care and with medical director duties. While the results were diverse (ranging from 1- 5 facilities, 2-10 patients seen in a half day, 1-10hr/month as medical director), this informal survey gave a thumbnail picture of the average hours worked in a facility.

LTC patients in a half day: average 7-8, ranging 2-20. (I'd like to talk to the one who sees 20 in a half-day – what is your secret?)

Subacute Rehab patients in a half day: average 4-5, ranging 2-15.

Time documenting a visit: 15-20min per visit.

Most providers are using paper charts, some combined paper with EMR.

Time spent in each facility per day: average 5-6 hours, ranging from 2 hours to 10 hours. Most participants felt that they had enough time to see patients and complete charting.

As Medical Director:

Number of facilities: average of 2, but 47% of participants were Medical Director for only 1 facility.

Time spent with Medical Director duties ranged from 1 hour/mo to 20hr/month. Average was about 4hr/week or 20hr/month. Some Directors worked 1hr/mo, some filled duties for up to 80hr/month.

As these results demonstrate, there is little consensus regarding time spent with patient care or as Medical Director in the workplace. It would be interesting to have a forum or panel discussion about best work practices in the LTCF. If anyone is interested in presenting, please contact me at [gaumerkr@msu.edu](mailto:gaumerkr@msu.edu).

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### **MiMDA BOARD MEMBERS:**

Mark Jackson, MD, CMD, President, [majdeerhunter@gmail.com](mailto:majdeerhunter@gmail.com)

Kris Gaumer, DO, President-Elect, [gaumerkr@msu.edu](mailto:gaumerkr@msu.edu)

Iris Boettcher, MD, CMD, Immediate Past President and Treasurer,  
[iris.boettcher@spectrum-health.org](mailto:iris.boettcher@spectrum-health.org)

Nadir Abdelrahman, MD, [Nadir.abdelrahman@hc.msu.edu](mailto:Nadir.abdelrahman@hc.msu.edu)

Lindsay M. Best, DO, [lindsaymergos@yahoo.com](mailto:lindsaymergos@yahoo.com)

Pankaj Jandwani, MD, CHCQM, [jandwani@gmail.com](mailto:jandwani@gmail.com)

Bruce Johnson, DO, CMD, FACOI [bjohnson@drbrucejohnson.com](mailto:bjohnson@drbrucejohnson.com)

Peter Kovalszki, MD, CMD, [hunpeter@att.net](mailto:hunpeter@att.net)

Executive Director: Jan Yonker, MSA, [michiganmda@gmail.com](mailto:michiganmda@gmail.com), Phone: (517) 432-5159

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### **NOT A MiMDA MEMBER?**

JOIN US at <http://www.amda.com/membership/benefits.cfm>